# Online Sexual Health Information for Young People



## **Access Granted**

#### GetAccessGranted.com

Access Granted provides free sexual and reproductive health services to all young people 15-24 and is a project of the Women's Fund of Omaha. Visit this site for information on free STI testing and treatment, birth control options and free condom locations across Nebraska and southeast lowa.

# **Advocates for Youth**

### AdvocatesForYouth.org

Advocates for Youth partners with youth leaders, adult allies and youth-serving organizations to advocate for policies and champion programs that recognize young people's rights to honest sexual health information; accessible, confidential and affordable sexual health services; and the resources and opportunities necessary to create sexual health equity for all youth.

## Amaze.org

#### **Amaze.org**

AMAZE takes the awkward out of sex ed. This site features real info in fun, animated videos and corresponding materials (such as toolkits for adults) that give you all the answers you actually want to know about sex, your body and relationships. Geared towards 10-14 years, Amaze Jr. is geared towards 4-9 years. Note: The video Sex Trafficking: What is it? was cocreated by the Women's Fund of Omaha and Amaze team.

# **Center for Young Women's Health**

## YoungWomensHealth.org/About-Us

The Center for Young Women's Health (CYWH) helps girls, young women, transgender and nonbinary young people, intersex young people, caregivers, educators, and health care providers to improve their understanding of health and development, as well as specific diseases and conditions. Available in Spanish.

## Go Ask Alice

#### GoAskAlice.Columbia.edu

Go Ask Alice! provides readers with reliable, accurate, accessible, culturally competent information and a range of thoughtful perspectives so that they can make responsible decisions concerning their health and well-being. Geared towards older teens/young adults.

# I Wanna Know

## IWannaKnow.org

Managed by the American Sexual Health Association (ASHA), this site includes info on sexual health for teens and young adults. Find the facts, the support and the resources to answer your questions, find referrals and get access to in-depth information about sexual health, sexually transmitted infections (STIs), healthy relationships and more.

## **KidsHealth**

## KidsHealth.org

KidsHealth is the most-visited site on the web for information about health, behavior and development from before birth through the teen years. As part of The Nemours Foundation's Center for Children's Health Media, KidsHealth provides families with perspective, advice and comfort about a wide range of physical, emotional, and behavioral issues that affect children and teens. Provides audio option for all articles.

# love is respect

#### LovelsRespect.org

love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support and resources. Highly trained staff are available 24/7 for chat (thehotline.org) and texting services (via LOVEIS to 22522). Build your path to safety with this interactive safety plan.

## **Planned Parenthood**

#### PlannedParenthood.org

Planned Parenthood delivers vital reproductive health care, sex education and information to young people. Everything you need to know about topics ranging from birth control to healthy relationships, gender identity and more. Planned Parenthood believes that knowledge empowers young people to make informed decisions about their own sexual and reproductive health choices.

# Sex, Etc.

#### SexEtc.org

Sex, Etc. is an award-winning national magazine and website on sexual health that is written by teens, for teens. Published by Answer, Sex, Etc. is a national organization connected to Rutgers University that provides and promotes unfettered access to comprehensive sexuality education for young people and the adults who teach them.

# Scarleteen

#### Scarleteen.com

Scarleteen provides sex and sexuality education, information and advice for millions of young adults, parents and allies each year. The site features inclusive, supportive, comprehensive sexuality and relationships info for teens and emerging adults.

# That's Not Cool

#### ThatsNotCool.com

That's Not Cool is a national public service advertising (PSA) campaign designed to help young people recognize digital dating abuse and take steps to prevent it. The campaign uses digital examples of controlling behavior online and by cell phone to help young people recognize dating violence, unhealthy relationships, and digital abuse and take steps to prevent it.

# **Trans Student Educational Resources**

#### TransStudent.org

Trans Student Educational Resources is a youth-led organization dedicated to transforming the educational environment for trans and gender nonconforming students through advocacy and empowerment. Visit their <u>resource section</u> for the Gender Unicorn and other helpful resources.

## WeRNative

## WeRNative.org

A comprehensive health resource for Native youth, by Native youth, providing content and stories about the topics that matter most to them. WeRNative strives to promote holistic health and positive growth in our local communities and nation at large. For health tips, contests and life advice text NATIVE to 94449.



